



Breakfast

SCAN ME
TO VIEW OUR MENU





HOT BREAKFAST

Egg choices include fried, poached, boiled or scrambled

THE SUNRISE SPECIAL 69

2 Rashers Bacon, 2 eggs of choice, grilled tomato, sautéed mushrooms and 1 slice of toast

ENGLISH BREAKFAST 89

2 Rashers Bacon, sausage (beef, chicken or pork), 2 eggs of choice, grilled tomato, potato rosti, sautéed mushrooms, baked beans and 1 slice of toast

FARMHOUSE BREAKFAST 125

2 Rashers Bacon, sirloin steak, sausage (beef, chicken or pork), 2 eggs of choice, grilled tomato, potato rosti, sautéed mushrooms, baked beans and 1 slice of toast

THE BARON'S BREAKFAST 135

2 Rashers Bacon, 100g sirloin steak, sausage (beef, chicken or pork), chicken livers sautéed with onions, 2 eggs of choice, grilled tomato, sautéed potatoes, mushrooms and baked beans and 1 slice of toast

ALTERNATIVE 95

2 fishcakes, chicken sausage, 2 eggs of choice, grilled tomato, potato rosti, sautéed mushrooms, baked beans and 1 slice of toast

VEGETARIAN 60

2 eggs of choice, grilled tomato, sautéed potatoes, mushrooms, baked beans and 1 slice of toast

BACON BENEDICT 95

Toasted English muffins with bacon and 2 poached eggs topped with hollandaise sauce

SALMON BENEDICT 99

Toasted English muffins with smoked salmon and 2 poached eggs topped with hollandaise sauce

DESSERT BREAKFAST 49

Flapjacks or pancakes with freshly whipped cream and choice of chocolate sauce, syrup or honey

3 EGG - EGG WHITE OMELETTE 90

served with 1 slice toast

Vegetarian – tomato, onion, cheddar cheese, mixed peppers

Bacon – bacon, tomato, onion, cheddar cheese, mushrooms

Chicken – chicken breast, tomato, onion, mixed peppers, cheddar cheese

Salmon – smoked salmon, tomato, onion, mixed peppers

Breakfast

CEREALS 45

Served with option of full cream, low fat or soy milk either hot or cold

Corn Flakes	Weet-Bix
All Bran Flakes	Muesli
Coco Pops	Gluten Free Muesli

OATMEAL PORRIDGE 45

YOGHURT 30

Plain	Strawberry
Cape Fruit	Granadilla

FRESH FRUIT 55

Freshly sliced selection of four seasonal fruit

CHEESE PLATE 90

Kirri cream cheese, baby bel, brie cheese, sliced cheddar, and sliced mozzarella

PASTRY PLATE 60

Butter croissant, muffin and danish pastry with butter and preserve

BREAD SELECTION 20

plain or toasted

White Bread	Brown Bread
Whole Wheat	German Rye Bread
Cape Seed Loaf	Health Loaf



BEVERAGES

SELECTION OF COFFEES

Americano - 32
Espresso - 32
Double Espresso - 36
Café Mocha - 38

Cappuccino - 38
Flat White - 34
Café Latte - 38

SELECTION OF TEA 27

Five Roses Ceylon
Five Roses Green Tea
Twining's Chamomile

Five Roses Rooibos
Twining's Earl Grey

SELECTION OF FRESH JUICES 35

Orange, Fruit Cocktail and Apple

